



SOUTHOLD TOWN

SENIOR ADULT DAY CARE PROGRAM

Katinka House

Town Resident:
Weekly plan program
fee:

\$150.00 week

Town Resident daily
plan program fee:

\$50.00 per day

Non-resident fees:
\$60.00 per day

Additional Funding
provided by
Southold Town

A day in our Day Care Program includes a full breakfast and lunch. Afternoon snacks are also served. The day includes both educational and recreational activities which promote socialization and fun.

The program runs from 9:00 am to 3:30 pm. Transportation is offered at a nominal charge and is based on availability.

Southold Town Board
Scott A. Russell, Supervisor
Louisa P. Evans, Justice
Jill Doherty, Councilwoman
Sarah Nappa, Councilwoman
Greg Doroski, Councilman
Brian Mealy, Councilman

Located at the
Human Resource Center Annex
750 Pacific Street
P.O. Box 85
Mattituck, New York 11952
631-298-4470
Karen McLaughlin, Director
Shatina Jayne, Adult Day Care
Program Supervisor



ABOUT OUR PROGRAM...

Katinka House is a social model Senior Adult Day care program. It opened in 1985 and serves the frail elderly and those with Alzheimer's Disease. The goals of our program are:

- To provide a meaningful day for our clients including therapeutic recreational and educational activities.
- To provide respite for the caregivers.
- To provide a cost effective means for the delivery of community based long-term alternative care services.
- To improve the quality of life for the clients and their caregivers.
- To provide an alternative to premature use of institutional care.
- To provide support services for our clients and their families.

SERVICES PROVIDED

- A network of professional services to help the client and their family cope with the challenges of caregiving.
- Individual care plans are developed for each client.
- Case Management.
- Resource Library for Caregivers and families.
- Social Worker to assist families information and referral services are offered.
- Community Education Workshops.
- Speakers Bureau.
- Home Counseling for Caregivers
- Legal Workshops.
- Health Informational Workshops.
- Monthly Caregiver Support Group.

For more Information call:

(631) 298-4470

(631) 298-4460

Admission Criteria

- Sixty years of age or older with preference given to Southold Town residents.
- Must be under a physician's care or will retain the services of one.
- Must have a stable home environment.
- Client must be able to receive benefit from the program.

Criteria for Discharge

- Incontinence and inability to handle personal hygiene even with assistance.
- Behavior which is not manageable in a group setting.
- The need for care surpasses the staff's ability to provide it.
- A discharge policy committee will decide the need for discharge. Family meetings will be held to discuss the reasons for discharge as well as alternatives.

