

Town of Southold

Recreation Programs & Activities

Winter 2019

Lotions, Tinctures & Teas HERBS FOR EVERY DAY LIVING

with Herbalist Heather Cusack

Herbalist Heather Cusack will introduce a variety of common and unusual herbs in this class on growing and using herbs in cooking, medicines, and cosmetics. Every student will go home with a beautiful herb plant to start their herb garden. We will work in the Town herb garden located behind the Recreation Center, preparing it for the season, and learn how to start your own herb garden at home. The class will make an herbal salve, an herbal tincture, a variety of herb tea mixtures, and use herbs in some recipes. Come learn about and enjoy the amazing variety of plants we can grow here in our climate zone. The last class will be a potluck meal where students will use some of the herbs discussed in the program.

MARCH 13 - APRIL 10 WEDNESDAYS, 4:30 - 5:30 P.M.

COST:

RESIDENTS: \$30/person NON-RESIDENTS: \$40/person

MATERIALS FEE: \$20/person (Bring to first class)
LOCATION: Peconic Lane Community Center

February 2!

SPORTS EQUIPMENT EXCHANGE

Make room for the new gear that Santa brings

The Town of Southold Youth Bureau will host a Sports Equipment Exchange at the Recreation Center, 970 Peconic Lane in Peconic on Saturday, February 2 from 9:00 a.m-1:00 p.m.

Looking to get rid of unused sports equipment? Is your child trying a new sport and you would like to get them the proper equipment without breaking the bank? The Youth Bureau will accept any *gently-used* equipment to give to people in need of these items. Simply drop off anything you wish to donate to the Youth Bureau, and we will take care of the rest.

- Baseball and Softball gloves, bats, cleats, balls
- Volleyball knee pads, balls
- Soccer shin guards, cleats, balls
- Tennis rackets
- Lacrosse sticks, balls, gloves, pads
- Basketball balls, shoes
- Track shoes
- Skates-ice-skates, roller blades
- Snow boards
- Football equipment

Donations will be accepted January 31 and February 1 from 10:00 a.m.-4:00 p.m. at the Recreation Center.

Donations will also be accepted on the day of the Exchange, but they are preferred in advance. For more information, or to arrange donations at another time, please contact Lynn Nyilas at 631-765-8251 or email at LynnN@southoldtownny.gov.



REGISTRATION BEGINS NOVEMBER 15

INTRODUCTION TO DRAWING

with Lisa Baglivi

Have you always wanted to draw? Or brush-up on your drawing skills? This is the class for you. The fundamentals of drawing will be covered: observation skills, values, proportions, contour drawing and composition. Skills will be developed by creating still life drawings, studying perspective, and studying old masters. Material list will be provided after registration.

JANUARY 8 - JANUARY 29 TUESDAYS, 11:00 AM - 1:00 PM

COST:

RESIDENTS: \$30/person **NON-RESIDENTS:** \$35/person

LOCATION: Southold Town Recreation Center

Donations Please! **ADOPT-A-PLATOON**

Honors Dr. Martin Luther King's Day of Service

For the month of January 2019, the Town of Southold Youth Bureau, with support from the Community Service Organization of Mattituck High School as well as the local High Schools' SADD clubs, will collect donations to support troops serving overseas. Collection boxes will be available in Southold Town Hall and the Peconic Lane Community Center for donations of nonperishable snacks, basic hygiene items for men and women, decks of cards and warm socks.

This donation drive is part of the National Dr. Martin Luther King Day of Service program. For more information, please contact Lynn Nyilas of the Town of Southold Youth Bureau at 631-765-8251 or by email LynnN@southoldtownny.gov.

New Instructor!

WALK15 AEROBICS

with Andrea Esposito of North Fork Wellness Center

This is a program for people of all abilities, and ages, with one common goal - to live better by WALKING MORE! Participants will be guided by the instructor to great music, by walking-based steps, to the beat. The hour includes warm-up, aerobic fitness, and cool-down stretch. The music will provide an aerobic workout every participant can do, through LOW IMPACT, easy to follow moves. This full body workout complements each walking move with arm exercises that add a little more flair in each class. The WALK15 program turns minutes into miles, providing approximately the equivalent of one mile for every fifteen minutes of movement. At the end of class, participants will have succeeded in "walking" approximately 3 miles, All registrants are asked to wear comfortable clothing, including sneakers. A small towel and a bottle of water is a must.

> SESSION A JANUARY 28 - APRIL 1 MONDAYS, 9:30 A.M. - 10:30 A.M. No Class February 18 and March 25

SESSION B JANUARY 23 - MARCH 20 WEDNESDAYS, 9:30 A.M. - 10:30 A.M.

No class February 10

COST:

RESIDENTS: \$40/person NON-RESIDENTS: \$50/person

LOCATION: Southold Town Recreation Center

All Users - Set-Up Your New User Account REGISTRATION PORTAL GETS A MAJOR UPGRADE

We're calling it Recreation Portal 2.0 – and online registration for your favorite recreation programs will be easier than ever – even on a smartphone or tablet. The new system is live November 15th with the Winter 2019 season registrations, but first ALL USERS must set-up a user account in this new portal. Even if you are an existing user, your account information must be transferred to the new system. Just log in to the link below to get started by following the instructions there.

www.southoldtownny.gov/recreation All you need is a valid email address, and your favorite password.

INCLEMENT WEATHER CANCELLATION POLICY

The safety of program participants is a prime consideration when determining if programs should be cancelled over the winter months and the rest of the year if severe weather threatens. If a cancellation is necessary, the Recreation Department will make every effort to contact you directly, by email or phone, but it is not always possible to reach every participant personally. We strongly recommend that you check your email and voice mail/answering machine if you are concerned of a possibility that your class will be cancelled.

If you have not received a message, you should call the Recreation Department directly at 631-765-5182 and listen to the recorded message to inform you of cancellations, and monitor WLNG Radio Station at 92.1 FM for an announcement, or check the WLNG cancellation page at their website, www.wlng.com. As a general rule, if Southold Town officials have closed Southold Town Hall and satellite offices, then the Recreation Department Programs will be cancelled as well. The Recreation Department will make every effort to reschedule the cancelled program; however, at times this may not be possible due to the availability of our instructors and the facility where the program is held.

Bodies in Motion-Sports, Fitness & Dance

Fall Prevention for Seniors

USE IT OR LOSE IT

with Grace Rowan

Here is a sobering statistic: The CDC reports that falls are the leading cause of hospitalization for senior citizens, and half of those falls result in injury, many that are serious. The good news is that falls are preventable, and this program will help participants keep their bodies strong and healthy so they can avoid falling, and those potentially serious injuries.

This course incorporates exercise with recommendations for lifestyle changes and appropriate changes at home to reduce risk. Participants will learn balance and strength building exercises, how to improve posture and body alignment, and identify strategies to reduce their risk of falling. You will also get added benefits that this additional activity imparts—a boost in concentration, improved memory and mood, and more confidence in your own physical activity.

Your body adapts to inactivity—this course will help you be more active. Use It, Don't Lose It!

> MARCH 5 - MARCH 26 TUESDAYS, 9:00 - 10:00 A.M.

COST:

RESIDENTS: \$25/person NON-RESIDENTS: \$30/person

LOCATION: Southold Town Recreation Center

HATHA YOGA

with Rosemary Martilotta

Yoga is an ancient Eastern Indian system of balancing body, mind, and emotions. The goal of yoga is to have a peaceful, clear mind in a sound, healthy body. Hatha Yoga is the aspect of Yoga that approaches this goal through the physical side of the individual. The Yoga postures (asanas) work each part of the body to stretch and tone the muscles, increase fluidity in the joints, and promote flexibility of the entire skeletal system. By releasing physical and mental tension, energy is increased, health is maintained, and a sense of wellbeing is created. Please bring to class a yoga mat, a belt, 2 flat blankets, an empty stomach, and a smile.

> **MONDAYS, JANUARY 28 - MARCH 25** SESSION A: 7:30 - 8:30 A.M. SESSION B: 8:40 - 9:40 A.M. No class February 18

COST:

RESIDENTS: \$45/person/session NON-RESIDENTS: \$55/person/session

LOCATION: Peconic Lane Community Center

AMERICAN RED CROSS LIFEGUARD CERTIFICATION **PROGRAM**

Are you looking to become certified as a lifeguard? The Town of Southold Recreation Department will be offering a certification program in the early spring. We also have information on other upcoming courses in our area. Restrictions may apply. To learn more, contact the Recreation Department at 631-765-5182 or send an email to Recreation Supervisor Janet Douglass at janetd@southoldtownny.gov.

2nd Session Now Available!

CHAIR YOGA - SEATED AND STANDING POSES ONLY

with Rosemary Martilotta

The primary aim of yoga is to restore the mind to simplicity and peace. Unlike other forms of exercise which strain muscles and bones, yoga gently rejuvenates the body. By restoring the body, yoga frees the mind from the negative feelings caused by the fast pace of modern life. The practice of yoga fills up the reservoirs of hope and optimism within you. It helps you overcome all obstacles on the path to perfect health and spiritual contentment. It is a rebirth.

> **MONDAYS, JANUARY 28 - MARCH 25** SESSION A: 9:50 - 10:50 A.M. SESSION B: 11:00 - 12:00 P.M. No class February 18

COST:

RESIDENTS: \$40/person NON-RESIDENTS: \$50/person

LOCATION: Peconic Lane Community Center

PILATES, YOGA, AND POWER **STRETCHING**

with Martha Eagle

This thorough early morning workout program will be a mixture of Pilates, yoga, and a power stretch. Pilates mat exercises will strengthen and stretch the torso creating better posture, balance and alignment in the body. This mixture of exercises will blend muscle strength, endurance, flexibility, cardiovascular and respiratory components to create a well-rounded fitness program resulting in greater health benefits. Participants are asked to please bring an exercise mat to class. All exercise levels are welcome to join!

Participants must be 16 years of age and older.

TUESDAYS & FRIDAYS JANUARY 8 - MARCH 15 7:45 - 8:45 A.M.

COST:

RESIDENTS: \$55/person **NON-RESIDENTS:** \$65/person

LOCATION: Southold Town Recreation Center

> FRIDAYS ONLY CLASS JANUARY 11 - MARCH 15 9:00 - 9:45 A.M.

COST:

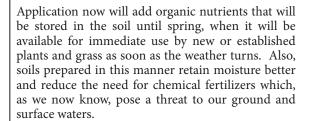
RESIDENTS: \$30/person NON-RESIDENTS: \$35/person

Southold Town Recreation Center LOCATION:

For Your Winter Garden

FREE LEAF COMPOST

Prepare your soil for spring, before the ground freezes, with aged leaf compost from the Southold Town Compost Facility on Cox Lane.



Southold Town residents are entitled to 500 lbs. per person per year FREE! Questions? Call the Solid Waste Department at 734-7685.

CLASSIC BODY SCULPTING/ **AEROBICS**

with Martha Eagle

Shape up to a stronger, healthier, leaner body! This thorough workout program implements the cross-training method by combining hand-held weights and effective fat-burning aerobic moves to tone and strengthen all muscle groups while increasing flexibility. Please bring an exercise mat and hand-held weights (2-5 lbs.) to class. All ages and exercise levels are welcome

Participants must be 16 years of age and older.

JANUARY 7 - MARCH 20 MONDAYS & WEDNESDAYS, 5:30 - 6:30 P.M.

No class January 21 and February 18 COST:

RESIDENTS:

\$50/person NON-RESIDENTS: \$60/person

LOCATION: Southold Town Recreation Center

WEIGHT TRAINING

with Steve Smith

The word is out that strength training is the best way to get fit and stay fit throughout your life. Kick start your own strength training routine with this weight training program from our friendly and popular instructor, affectionately known as Smitty. This course will pay special attention to the following muscle groups: chest, shoulders, triceps, biceps, thighs, calves, abdominals, and the lower back.

IANUARY 7 - MARCH 20 MONDAYS & WEDNESDAYS 7:00 - 8:30 P.M.

Class will not meet on January 21, February 18, February 20

COST:

RESIDENTS: \$95/person **NON-RESIDENTS:** \$105/person

Southold High School LOCATION:

Weight Room

GOLF FITNESS

with Jeff Edward Poplarski, D.C., LLC

Dr. Jeffrey Poplarski presents an 8-week Titleist Performance Golf Fitness Screening to enhance your golf game. The TPI certified instructor will screen each participant individually to determine swing faults, addressing posture, lower and upper body mobility and stability, balance and power. This program will target golf swing analysis and golf body mechanics. The first class will consist of an evaluation of swing and body imbalances. The remainder of the program will address any faults that are noticed. Dr. Jeff does not believe there is one way to swing a club; he believes there are an infinite number of ways to swing a club. But he does believe that there is one efficient way for all golfers to swing a club and it is based on what you can do physically.

Dr. Jeff is the Wellness Director for the U.S. Open Golf Championships, Titleist Performance Golf Fitness Instructor, Medical Professional, Junior Coach, Golf Coach, and a "First Swing" golf instructor for the Eastern Amputee Golf Association.

> JANUARY 6 - MARCH 10 SUNDAYS, 8:45 - 10:00 A.M.

Class will not be held on February 10 & February 17

COST:

RESIDENTS: \$80/person NON-RESIDENTS: \$90/person

LOCATION: Southold Town Recreation Center

Celebrate Life!

CHAIR EXERCISES

with Grace Rowan

Enjoy aerobic exercise from your chair. These chair exercises will give a full body workout, strengthening, toning and shaping muscles of the arms, shoulders, back and legs. Improve flexibility and circulation, tone muscles, reduce stress, stimulate your brain and build endurance and energy. This exercise program will help you get and stay active even if you have issues with balance or are unsteady on your feet.

MARCH 6 - MARCH 27 WEDNESDAYS, 2:00 - 3:00 P.M.

COST:

RESIDENTS: \$25/person NON-RESIDENTS: \$30/person

LOCATION: Southold Town Recreation Center

ADVANCED VOLLEYBALL -MATTITUCK

with Rebecca Jens

This program is for men and women aged 18 and older, structured for friendly, fun, and competitive skilled play. If you love the game of volleyball and are looking for a great workout, this is the program for you. Participants must possess knowledge of the game, athleticism and GOOD REACTION TIME.

Please note that this program requires an advanced skill

TUESDAYS, JANUARY 18 - MAY 14 8:00 - 9:30 P.M.

No Class February 19 & April 23 Cancellations may be required depending on Mattituck High School's schedule.

COST:

RESIDENTS: \$65/person NON-RESIDENTS: \$75/person

LOCATION: Mattituck High School

STRENGTH TRIFECTA-CORE PLUS AND FLEXIBILITY TRAINING

with Laurie Short

The Strength Trifecta combines strength training with core work and stretching/relaxation. There will be three sets of each of 9 basic strength exercises. The first set uses medium weight dumbbells, the second uses heavy weights and the third set is a "burnout" using light resistance. Between sets the workout will focus on the core or another muscle group for active recovery. The session will start with 4-6 minute warmup and finishes with a 12-15 minute stretch for relaxation and recovery.

Gear Requirements: a workout mat, water bottle, towel and one pair each of 7lb, 5lb and 3 lb dumbbells. An additional pair of one pound wrist weights is recommended, but not required. Our instructor suggests using a rolling suitcase or duffle to transport the gear.

JANUARY 7 - MARCH 21 MONDAYS & THURSDAYS, 8:05 - 9:05 P.M.

No class January 21, February 18 & February 21 The school also may require additional cancellations.

COST:

RESIDENTS: \$50/person NON-RESIDENTS: \$60/person

Greenport High School LOCATION:

Cafeteria/Gym

ADOPT YOUR NEXT PET!



If you are ready to adopt your next furry friend, be sure to check out the residents at the North Fork Welfare League in Southold's Animal Shelter just off Peconic Lane in Peconic, behind the Police Station. They have dogs, cats, and even sometimes adorable rabbits.

Check out the NFAWL's website at southold.nfawl.org or call 631-765-1811.

CARDIO-STRENGTH CIRCUIT FOR **FUN & FUNCTIONAL FITNESS**

with Laurie Short

This 24 station circuit provides a variety of total body integrated strength, aerobic and core training exercises. It uses a wide variety of small equipment including medicine balls, scooter, tubing, steps, hoops, cones, agility rings and ladders, and stability balls. This program is accessible to all participants—you perform as many reps as YOU can do in 35 seconds, and then move to the next station. The class starts with a warmup of 8 to 10 minutes followed by 10 minutes of strength exercises. The circuit lasts 35 minutes and the program concludes with 5 – 6 minutes of stretching.

Requirements: one pair of 5 - 7 lb dumbbells, a water bottle, towel and mat. Cross training shoes are preferred since running shoes do not provide stability for lateral movements...dress to sweat! A materials/equipment \$20 fee will be collected at the first class. Future participation in this program will require an additional \$20 only ONCE each year from your initial enrollment date.

JANUARY 7 - MARCH 21 MONDAYS & THURSDAYS, 7:00 - 8:00 P.M.

No class January 21, February 18, February 21 The school may also require additional cancellations.

COST:

RESIDENTS: \$50/person NON-RESIDENTS: \$60/person

Greenport High School LOCATION:

Cafeteria/Gym

REGISTRATION **BEGINS NOVEMBER 15**

IT'S A DOG'S LIFE



DOG OBEDIENCE

with North Fork School for Dogs Instructor Asha Gallacher

Join North Fork School for Dogs in teaching your dog basic obedience cues like "sit," "leave it," "come," "down," "stay," and loose leash walking. This course is a great continuation of the AKC Puppy STAR class or for those who are introducing their dogs to obedience for the first time. Dog behavior and common behavioral problems will also be discussed and introduced in a fun, informative way. All family members are encouraged to attend. However, one handler will be asked to work with the dog per class. This program is for dogs 6 months and older, and up-to-date on all vaccines

JANUARY 30 - MARCH 6 WEDNESDAYS, 7:00 - 8:15 P.M.

ORIENTATION CLASS JANUARY 27 10:30 - 11:45 A.M. NO DOGS! OWNERS ONLY

COST:

RESIDENTS: \$115/dog NON-RESIDENTS: \$125/dog

Southold Town Recreation Center LOCATION:

DOG OBEDIENCE AKC CANINE GOOD CITIZEN/GOOD MANNERS

with North Fork School For Dogs Instructor Asha Gallacher

Do you want a well-behaved dog and the best mannered dog in town? Or do you think your dog has what it takes to become a therapy dog? To enroll for this class, your dog must have learned basic training skills as they will be challenged and put "to the test" with loose leash walking, sit and down stays with distractions, and the toughest test, polite greetings of humans and other dogs. You and your dog will have a great time learning these essential behaviors with fun and games, so bring your willingness to have a great time with your dog! Dogs must be over 6 months old. You have the option of taking the Canine Good Citizen Test on the last day of the class. This obedience class is a prerequisite for any dog owner pursuing a therapy certification. All dogs must be "dog friendly" in order to attend this program.

> **IANUARY 27 - MARCH 17** SUNDAYS, 12:00 - 1:15 P.M. Class will not meet February 10

ORIENTATION CLASS JANUARY 27 10:30 A.M. - 11:45 A.M. NO DOGS! OWNERS ONLY

COST:

\$115/dog **RESIDENTS:** NON-RESIDENTS: \$125/dog

Southold Town Recreation Center LOCATION:

AMERICAN KENNEL CLUB

S.T.A.R. PUPPY PROGRAM

(UP TO 6 MONTHS OLD)

with North Fork School For Dogs Instructor Asha Gallacher

Get your puppy off to the right start with basic training and socialization. Positive training methods will teach attention, "sit," "down," "take it," "drop it," "leave it," "come," and polite leash. This class offers fun and informative learning and problem solving. Please check with your vet as to what age you may safely socialize your puppy. No puppies on the first day of class. All family members welcome.

Socialization Training Activity Responsibility

JANUARY 27 - MARCH 17 SUNDAYS, 10:30 - 11:45 A.M. Class will not meet February 10

FIRST CLASS - ORIENTATION JANUARY 27 NO DOGS! OWNERS ONLY

COST:

RESIDENTS: \$115/dog NON-RESIDENTS: \$125/dog

LOCATION: Southold Town Recreation Center

Arts, Crafts and Technology

Partners Not Required

BALLROOM & SMOOTH LATIN DISCO DANCING

with Alfonso from Touch Dancing TV Show

Hit the dance floor with confidence, and impress your friends after a few lessons learning the right moves for the ballroom and the clubs. This class will cover Ballroom Dancing and Smooth Latin Disco Dancing, so no matter the occasion, you will be ready to cut the rug in style.

Our friendly instructor Alfonso will teach you all the right moves, and emphasize how to Lead and Follow. Dancers of all abilities--beginner, intermediate and even advanced-will find tips and techniques to improve their skills.

> JANUARY 28 - MARCH 25 MONDAYS, 7:00 - 8:30 P.M. No Class February 18, February 25

COST:

RESIDENTS: \$105/person NON-RESIDENTS: \$115/person

Southold Town Recreation Center LOCATION:

WATERCOLOR CLASS

with Linda Nemeth

Discover the fun of experimenting with watercolors in this six-week class for beginners who have never held a brush in their hands and for intermediate students who have had some exposure to the medium. Emphasis will be on learning to play with and explore light, color, value, texture, and how to create various techniques while releasing the creative side of you. Throughout this course, our instructor will create a supportive, relaxed and enjoyable atmosphere through demonstrations and individual instruction. Students will be provided with a list of materials needed when registering for this course.

> FEBRUARY 4 - MARCH 18 MONDAYS, 7:00 - 8:30 P.M. No class February 18

COST:

RESIDENTS: \$50/person NON-RESIDENTS: \$60/person

LOCATION: Mattituck High School

REGISTRATION BEGINS NOVEMBER 15

PAINTING IN PECONIC

Bring a canvas or tablet and your favorite paints to our Tuesday afternoon open painting group. Our friendly painters offer a supportive setting where you can create your next work of art-no matter what medium you prefer - watercolor, acrylic, oils, etc. Participants are welcome to share their ideas, suggestions, tips, and to politely critique each other. Registration is not required for this free program.

> **TUESDAYS** 1:30 - 3:30 P.M.

For further information, please contact Roberta Hering at 765-1659 or Carol Brewer at 734-7873. An Outlet for your Creative Expression

ART JOURNALING

with Lois Levy



Are you looking to explore the artist within? Are you seeking a creative stress reliever or a relaxing outlet? Then this class is for you! Art journaling is a satisfying creative process that anyone can do. Designing your very own unique art journal is an enjoyable way of letting go and getting in touch with your imaginative self. No experience is necessary, just a desire to create. With the use of ink markers, paint, scribbled thoughts, collage and other fun creative techniques this class will allow you to do something just for yourself. No need to be concerned with the outcome. You are in the "no judgement zone" here. So come and join us to celebrate your expressive inner artist in this relaxed atmosphere. Join us to explore the imaginative pathways to the discovery of your own creative visual stories. Please bring a bag lunch for this class as we will have a break time that includes sharing thoughts about our artistic exploration. For Adults 18 years and older.

SATURDAY, JANUARY 26 10 A.M. - 3 P.M.

A Materials list will be provided at registration.

COST:

RESIDENTS: \$45/person NON-RESIDENTS: \$55/person

Southold Town Recreation Center LOCATION:

For Adults, Aged 16 and Older **BEGINNER/INTERMEDIATE GUITAR LESSONS**

with Tom Boucher

This course will teach the fundamentals of guitar playing to beginner and intermediate students. Participants will learn how to tune a guitar, read basic musical notation, along with simple exercises to strengthen your hands, and play a song melody using notes and chords. Students must supply their own guitars. This program is for students aged 16 and older

> JANUARY 9 - MARCH 6 WEDNESDAYS, 6:45 - 7:45 P.M.

No Class February 20

COST:

RESIDENTS: \$55/person NON-RESIDENTS: \$65/person

LOCATION: Peconic Lane Community Center

ABSTRACT PAINTING FOR **BEGINNERS**



with Lisa Baglivi

All are welcome to this beginner level abstract painting class! Release your inner artist while learning about color theory, composition and painting techniques. The program will use acrylic paints and magazine clippings, among other materials to help you create your own work of art.

Students are responsible for their own materials, and a materials list will be provided after registration.

> FEBRUARY 5 - FEBRUARY 26 TUESDAYS, 11:00 A.M. - 1:00 P.M.

COST:

RESIDENTS: \$30/person NON-RESIDENTS: \$35/person

LOCATION: Southold Town Recreation Center

For Experienced Players Only **MAH JONGG CLUB**

with Huck Hirsch

BAM! Kick it up a notch! Take your Mah Jongg skills to the next level with fun game play and thoughtful discussion about many aspects of the game that aren't just luck. In Mah Jongg, luck is always a factor, but so is skill: a strategic Charleston, throwing certain tiles sooner than others, exchanging a tile for a joker at the right time. Making decisions that serve your hand but also defend against hands others are playing, and MORE! So many subtleties, so little time. Six dedicated weeks is enough to hone your skills and shift how you think and strategize along the way to winning the hand. For experienced players of ALL levels. Each week we'll play games, discuss strategy points and collectively become better players. It takes a village - and some luck.

A NMJL Card is needed to participate

JANUARY 29 - MARCH 12 TUESDAYS, 5:00 - 7:00 P.M. No Class on February 19

COST:

RESIDENTS: \$45/person NON-RESIDENTS: \$55/person

LOCATION: Peconic Lane Community Center

SOUTHOLD YOUTH BUREAU

The Southold Youth Bureau has several activities throughout the year to support our Town's young citizens. See below for activities and events planned in the next few months.

> For further information on any program please contact Youth Bureau Director Lynn Nyilas. Email: LynnN@southoldtownny.gov; phone 631-765-8251

JOB FAIRS

All Job Fairs to take place during school hours in local High Schools for students 14 and older. Do you have a local business? This is a great opportunity to meet with students seeking employment or internships. Mattituck H.S. Tuesday, January 15, 2019 Southold H.S. Wednesday, January 23, 2019 Greenport, Tuesday, February 5, 2019 Contact Lynn Nyilas to register your business.

YOUTH COURT

Join the Youth Court and make a real difference with your community. You will try REAL court cases and earn community service hours. A great way to stand out on your college applications. This program is open for students in grades 9-12. Training is held on Thursdays in Southold Town Justice Court 6:00-7:30 p.m.

MILITARY BALL & PROM DRESS GIVEAWAY

Donate new or like new clean, gently used formal gowns and dresses for other girls to wear at prom or military balls. Jewelry, shawls, and small dressy handbags will also be accepted. NO SHOES PLEASE! Only New and "Like New" dresses will be accepted. Unfortunately, dresses in need of drycleaning or repairs cannot be accepted. Contact Lynn Nyilas to arrange your drop off.

SOUTHOLD YOUTH BUREAU NEEDS YOU!

Do you wish to become involved in local government? Want to be the voice of Youth from your Town? We need YOU!! Become a Youth Representative from your School for The Town of Southold's Youth Bureau. Meetings are held in the Community Center on Peconic Lane, the 1st Monday of the month from 5:00-6:00 p.m.

Children's Programs

For Ages 5-8 **STORYTIME YOGA**

With Kyleen Vernon of My Pulse My Passion

Introduce your youngster to the calming and body strengthening effects of yoga while sparking their imagination with storytime. Your child will bring the characters alive as they perform the poses of the animals in the story. All the while, they will be experiencing the magic of yoga – meditation, child-friendly breathing, and, of course, the poses that promote a healthy mind and body. Participants should wear comfortable clothing and bring a towel or mat for the floor exercises.

JANUARY 5 - JANUARY 19 SATURDAYS, 1:00 - 1:45 P.M.

COST:

RESIDENTS: \$35/person **NON-RESIDENTS:** \$45/person

LOCATION: Peconic Lane Community

Center Auditorium

BOYS AND GIRLS YOUTH BASKETBALL

with Bill Gatz, Craig Osmer, Ryan Wesnofske & Sam Strickland

This Saturday morning basketball program is offered to Southold Town boys and girls aged 8 – 11. Sessions include drills, practice and scrimmages to develop skills and confidence. This is a popular program, so we cannot accept drop-ins—registration is required with a nominal fee, and signed parental waiver.

SATURDAYS, JANUARY 5 - MARCH 30 SESSION A: AGES 8 - 12: 7:30 - 9:15 A.M. SESSION B: AGES 13 - 16: 9:15 - 11:00 A.M.

COST: \$15/person

REGISTRATION IS REQUIRED Southold Elementary School Gym

No Class 1/19, 2/16, 2/23

For 4 & 5 Year Olds

LITTLE SCHOLARS CLUB

with Kerri Zablotny

Young minds are wide open and ready to learn! Help foster your child's love of learning before they begin Kindergarten in a nurturing, fun, and stimulating environment at "The Little Scholars Club." This program provides opportunities for children's communication, early literacy, and social skills to develop through meaningful experiences led by Ms. Kerri, an experienced teacher with a strong background in childhood literacy. Children will build emergent reading skills and develop a positive attitude toward learning through activities such as: imaginative play, read alouds, reflections, games, music and movement, and FREE PLAY! This program is for 4 and 5 year olds.

WEDNESDAYS, JANUARY 9 - FEBRUARY 6 12:15 (DROP-OFF) - 2:15 P.M. (PICK-UP)

COST:

RESIDENTS: \$50/person **NON-RESIDENTS:** \$60/person

MATERIALS FEE: \$5/person (bring to first class)
LOCATION: Peconic Lane Community Center

KRAFTS FOR KIDS

with Theresa Pressler

Join us at the Recreation Center on Tuesday afternoons for a fun-filled afternoon geared toward boys and girls ages 5 and older. Activities will include tie-dye your own T-shirt, various arts & crafts projects, plus other fun activities.

JANUARY 8 - JANUARY 29 TUESDAYS, 4:00 - 6:00 P.M.

COST:

RESIDENTS: \$45/person

(including all materials)

NON-RESIDENTS: \$55/person

LOCATION: Southold Town Recreation Center



VISIT SANTA CLAUS

Children of all ages are welcome to meet Santa Claus when he visits Southold Town Hall. Santa will have a special gift for each child—bring your camera if you wish to get a photo. Registration is not required.

SATURDAY, DECEMBER 9 11:30 A.M. - 1:00 P.M. Southold Town Hall, 53095 Main Road, Southold

SANTA'S MAILBOX

(Southold Town Residents Only)

The staff at the Recreation Department will gladly forward all children's mail directly to Santa at the North Pole. Drop your letters off in the red mailbox at the Recreation Center or mail them to:

SANTA CLAUS C/O SOUTHOLD TOWN RECREATION DEPT. P.O. BOX 267 PECONIC NY 11958

To ensure a reply from Santa, letters must be received by Friday, December 15. Late arriving letters will not be answered, unfortunately. Due to the volume of letters received, we will accept letters from Southold Town residents only, beginning Monday, November 26.

SANTA WILL SEND ALL REPLIES TO THE CHILD'S HOME ADDRESS, SO PLEASE REMEMBER TO INCLUDE A RETURN ADDRESS.

Driver Safety



Geared to Seniors but All Ages Welcome AARP SMART DRIVER COURSE

with Bernie Kettenbeil, R.N.

This new and updated program of classroom instruction, developed by the AARP and approved by the NYS Department of Motor Vehicles, helps you refine and hone existing skills and develop safe defensive driving techniques. Learn how to handle adverse driving conditions, distracted driving behaviors, NYS laws, and traffic hazards. Participants will learn about the effects of aging, medications, hearing loss, and vision issues. Although this program is geared towards drivers aged 50 and older, it is open to licensed drivers of all ages.

You may be eligible for up to a 10% reduction of the collision portion of your insurance, deductions may vary by company. Reduce up to 4 DMV points on your record.

MONDAY, MARCH 25 9:30 A.M. - 4:30 P.M.

COST:

AARP MEMBERS: \$20/person **NON-MEMBERS:** \$25/person

LOCATION: Southold Town Recreation Center

SPECIAL PAYMENT INSTRUCTIONS:

- ONLINE REGISTRATION IS UNAVAILABLE FOR THIS PROGRAM. Please register by mail or in person at the Recreation Department.
- <u>Each participant</u> must pay with a separate check or money order payable to AARP.
- *Cash or credit card payments are not accepted.*

Motor Vehicle Insurance & Point Reduction DEFENSIVE DRIVING COURSE

With Chris & Dantes Manfredi of Allstate Insurance

Save money on your auto insurance premium and reduce points on your license with this 6-hour driver's safety course. If you are a New York State Licensed principal operator, you are eligible for a saving of 10% of the liability, basic PIP, and collision premium for 3 years, and if needed, a reduction of up to 4 violation points on your DMV driving record.

The New York Safety Program 6 Hour Point and Insurance Reduction Course will show you how to improve your driving by learning how to make rational, low risk decisions under stressful driving conditions. There is no test. *Please bring your lunch, a refrigerator is provided for your convenience*. Please bring a copy of your license to class as well.

SATURDAY, MARCH 16 9:00 A.M. - 3:30 P.M.

COST:

RESIDENTS: \$35/person NON-RESIDENTS: \$45/person

LOCATION: Southold Town Recreation Center

American Heart Association Basic Life Support for the Health Care Provider

CPR CERTIFICATION COURSE

With Chris Manfredi of Southold Fire Department

American Heart Association Adult/Infant and Child CPR, foreign body airway obstruction in conscious and unconscious patients, use of barrier protection (pocket masks), bag valve mask ventilation (BVM's) and the use of the Automated External Defibrillator are covered in this course. There is a written and skills evaluation for this program. Students will receive the BLS for Health Care Provider Course Certification along with a study guide. This course will satisfy the requirements of Certification for many First Responders, EMS, Fire, EMT, Paramedic, Nurse, Doctor or Lifeguard. Please be advised that a lot of time is spent on the ground kneeling while practicing CPR, so participants should consider wearing comfortable clothing and bringing padding to kneel on.

SATURDAY, MARCH 2 8:00 A.M. - 12 P.M.

COST:

RESIDENTS: \$60/person NON-RESIDENTS: \$70/person

LOCATION: Southold Town Recreation Center

TAKE A HIKE...ON THE TRAILS OF THE NORTH FORK

Outdoor Fun in Any Season!

This is a partial list. Find a full list of trails at www.southoldtownny.gov/115/Land-Preservation

MILL ROAD PRESERVE

The Mill Road Preserve is a 15 acre parcel with the trailhead located on Mill Road in Mattituck.

LAUREL LAKE PRESERVE

Laurel Lake Preserve encompasses 495 acres of preserved land

DOWNS FARM PRESERVE

Downs Farm Preserve is a 51 acre wooded parcel that is the site of Fort Corchaug, a Native American fort, which is listed on the National Register of Historic Places.

GOLDSMITH INLET PARK

Goldsmith Inlet Park is a 35 acre parcel with a 1/2 mile trail leading to Long Island Sound, from the trailhead, which is located on Soundview Avenue.



For Adults with Special Needs SPECIAL REC*

Southold Town now sponsors a new series of "Special Rec*" programs designed specifically for adults with special needs.

These activities will include crafts, sing-a-longs, and performances.

Contact the Recreation Department or visit the Town's website for more information and to register for programs.

Phone: 631-765-5182 southoldrecreation@southoldtownny.gov www.southoldtownny.gov/137/Programs-Activities

REGISTRATION BEGINS NOVEMBER 15

Additional Programs & Activities-All Ages

The following recreational programs are delivered through organizations not affiliated with Southold Town. These are listed as a public service to residents. For registration or more information please contact these organizations directly at the contact information provided.

HOLIDAY FAIR

Sponsored by the Southold Historical Society

The Southold Historical Society is pleased to announce its Annual Holiday Fair, which will take place on **Saturday, December 1** from 9:00 a.m. – 4:00 p.m. The fair will be held at the Southold Town Recreation Center, located at 970 Peconic Lane in Peconic.

Specially selected vendors will offer a variety of holiday gifts, crafts and cards available for purchase. There will also be a bake sale, children's crafts, face painting, auction prizes, even a café for refreshments. In addition to the vendors, other fun activities will be offered, including photos with Santa, face-painting, crafts, and even a bake sale. For more information, please contact the Southold Historical Society at (631) 765-5500.

LIGHT PAINTERS PHOTO CLUB

Meet monthly with other local photographers, and enjoy monthly photo excursions. All ability levels welcome. More info: www.lightpainterslearningcenter.com

LOCAL LIBRARY PROGRAMS

Cutchogue-New Suffolk Free Library:

Www.cutchoguelibrary.org
Floyd Memorial Library: floydmemoriallibrary.org
Mattituck-Laurel Library: www.mattlibrary.org
Southold Free Library: southoldlibrary.org

NORTH FORK AUDUBON SOCIETY

Learn more about their programs: 631.477.6456; www. northforkaudubon.org. Check out their Tuesdays with Tom Birdwatching Hikes.

THE NORTH FORK COMMUNITY THEATRE

For performance schedule and audition/volunteer information, please visit their web site at: www.nfct.com.

Please Support!

CAST PROGRAMS

 $Community\ Action\ of\ Southold\ Town,\ Inc.\ (CAST)$

CAST provides a safety net for residents in need, providing support for food, clothing energy, health and even education. When you donate to or volunteer with CAST, you are investing in your own Southold Town community. They accept donations of non-perishable food items and grocery store gift cards as well as items for the The Sharing Room including gently used clothing (in-season only, please), toys, books, small household items, dishes, pots, pans, utensils, sheets, towels, blankets new school supplies, and, for the holidays, new toys (for all ages).

CAST's services to the community include advocacy, computer training, tutoring and ESL classes. To make a donation, volunteer or access their services, visit their website at www.castsoutholdtown.org or call their Greenport office at 631-477-1717.

George Costello Memorial

ROLLER SKATING RINK

Indoor roller skating at the Greenport American Legion is back in their completely refurbished 7,000 sq. ft rink. It's open year round with skating for all ages. \$5 admission, \$5 skate rental. Rent quad skates (sizes toddler 8 thru Mens 15) or bring your own skates or roller blades. Get more information and current schedule at: www.greenportamericanlegion.org

FIND US ON THE WEB!

Information about Recreation Department and other Southold Town activities is available at the Southold Town website. Get information on program registration, facility use, beaches, and even all the forms you would need.

General Information: www.southoldtownny.gov Recreation Program Registration: www.southoldtownny.gov/portal

BLOOD DRIVES

The Southold Fire Department will host blood drives on Wednesdays, January 3 and March 20, from 2:15 - 8:15 pm. at the firehouse, located on the Main Road in Southold, just east of Youngs Avenue. All donors will be treated to a free spaghetti dinner and homemade pie after 5:00 p.m. To be a blood donor, you must be between the ages of 16-75 (16 year olds must have parental permission, ages 76 and older need a doctor's note), weigh at least 110 pounds, and be in good health. Please bring your donor card if you have one. Appointments are not necessary. For more information, please contact Michael Zweig: michaelzweig1942@gmail.com or 646-823-5508.

CUSTER INSTITUTE AND OBSERVATORY INC.

The Custer Institute and Observatory is Long Island's oldest public observatory (est.1927). Open to the public every Saturday evening from dark until midnight, our staff of volunteers will give you a tour of the facilities and the night sky through our powerful telescopes. Custer has frequent lectures, classes, concerts, art exhibits and other special events. For further information, please visit their website at www.CusterObservatory.org.

GROUP FOR THE EAST END

The Group for the East End aims to protect and restore the environment of eastern Long Island through education, citizen action and professional advocacy. Come out and join us for a hike, paddle, or wildlife search to learn more about our beautiful East End. For further information, please visit our website at **GroupfortheEastEnd.org.** To receive a brochure, please contact Aaron Virgin at acvirgin@eastendenvironment.org.

SOUTHOLD MOTHERS' CLUB

SMC is open to all moms, caregivers and expectant moms with children ages 0-6. For more information or to join SMC please visit www.southoldmothers.org or email southoldmothersclub@gmail.com.

JUST FOR SENIORS

SENIOR EXERCISE

Come on down to the Recreation Center for some fun while exercising to music videos and tapes. There is no charge for this program.

FRIDAYS: 10:00 - 11:00 a.m.

LOCATION: Southold Town Recreation Center

SOUTHOLD-PECONIC SENIOR CITIZENS CLUB

Needs a few good members

Get out of the house and enjoy a change of scenery while you make new friendships and maybe renew some forgotten ones. Meetings are held two times a month, on Thursdays, at the Southold Recreation Center in Peconic.

Enjoy activities ranging from bus trips, bingo games, billiards, luncheons, and holiday parties with special menus for St. Patrick's Day, Oktoberfest, and Christmas.

Attendance and membership is free of charge and coffee is provided, but members must bring their own lunch.

So mark your calendar for Thursdays, pack a lunch and grab a seat at the next meeting.

Learn more from Paula Johnson (631-734-8039) or Donald Wagner (631-765-4934).

2ND & 4TH THURSDAYS; 10:45 A.M. SOUTHOLD RECREATION CENTER 970 PECONIC LANE, PECONIC

SENIOR WELLNESS EDUCATION SERIES

The Senior Wellness Education Series is presented on the first Friday of each month at the Southold Town Human Resource Center in Mattituck. It is a series of topics specially targeted for older adults. Phone: 631-298-4460; website: www.southoldtownny.gov.

SOUTHOLD TOWN SENIOR SERVICES

The Southold Town Human Resource Center in Mattituck provides many support services for seniors aged 60 and older, including hot nutritious meals at the center and delivered to the home, residential repair programs, adult daycare, caregiver support, and much more. Call 631-298-4460 to learn more.

Funding sponsored by Southold Town, The Suffolk County Office for Aging, The New York State Office for Aging.



TOWN OF SOUTHOLD

Scott A. Russell, Supervisor
Louisa P. Evans, Justice/Councilwoman
William P. Ruland, Councilman
Jill M. Doherty, Councilwoman
James Dinizio, Jr., Councilman
Robert Ghosio, Councilman

Elizabeth A. Neville, Town Clerk Vincent Orlando, Superintendent of Highways

Recreation Department: 631.765.5182 E-Mail: southoldrecreation@southoldtownny.gov web: www.southoldtownny.gov

RECREATION DEPARTMENT POLICIES, TERMS AND CONDITIONS

REGISTRATION POLICY

Registrations are accepted on a first come, first served basis through three methods: remotely by the Online Recreation Portal, by mail with a check and properly completed registration form or in person at the Recreation Center with payment by cash, check or credit card and a properly completed registration form. Payment is required at time of registration. Early registrations will not be accepted. Program fees will not be pro-rated. A \$20 fee will be charged for any returned check. Participants are advised to have a complete physical prior to participating in activities that are strenuous. All participants take part in the Southold Town recreation programs at their own risk. The Town of Southold Recreation Department assumes no responsibility for injuries suffered or sustained from risks inherent in participating in department sponsored programs or while using recreation program facilities.

REFUND POLICY

- Full refunds will be granted if a program is cancelled due to insufficient enrollment or is canceled by the Recreation Department and no cancellation fee will be assessed. Refunds will not be issued for trips, special events, or ticketed events unless your place can be filled by someone on a waiting list for said activity. In such an instance, a \$5 cancellation fee will be assessed.
- A full refund will be issued if the registrant cancels their registration two or more weeks before a class or program, however, the \$5 cancellation fee will be assessed to the participant per class or program. No refunds will be issued if the request is made two weeks or less before the start of a class or program. No refunds will be granted after the class or program has started.
- If your transaction was processed by credit card through the online registration portal, the service charge assessed will not be refunded, even if the program was cancelled.
- Refunds that are requested as the result of a medical condition or injury that precludes the registrant from participating will be considered on a case by case basis and will require proof from a medical professional.
- Any bounced checks will result in the Town charging a bounced check fee of \$20. All credit payments will be processed 1-2 business days after receiving a payment confirmation.
- Credits to participate in future programs will not be issued for any reason. If you missed a class or full program, and would like to take a similar program in the future, you will be required to register and pay in full.
- Refunds will be issued approximately 4 weeks after the refund is authorized. Refunds on payments made by credit card will be credited back to the same credit card account used at the time of registration.
- In the event of an instructor being unavailable due to reasons other than inclement weather, efforts will be made to reschedule the class upon the instructor's availability at the discrection of the Recreation Department Supervisor.

BUS TRIP CANCELLATION POLICY

It is acknowledged and understood by all participants that bus excursion events are organized through third party vendors. In the event of a cancellation or rescheduling of a bus excursion event due to inclement weather or other reasons beyond the Town of Southold's control, refunds and fees, if any, shall be subject to the cancellation, refund and rescheduling policies of the specific third party vendor. Excursion event participants further understand and agree that the Town of Southold, its Officials, Employees and Agents, and the transportation company, shall not be held liable or responsible for losses, damages or expenses related to said excursion, including delays caused by accidents, breakdowns, inclement weather, road conditions, acts of God, public enemies, authority of law, quarantine, perils of navigation, air traffic delays, riots, strikes, the hazards or dangers incident to a state of war and any other condition beyond the Town's or transportation company's control. Furthermore, the Town of Southold and transportation company cannot and does not guarantee arrival nor departure times. If any of the above conditions make the excursion inadvisable, Town and transportation company reserve the right to alter the excursion accordingly; neither the Town nor transportation company shall be held liable for same.

INCLEMENT WEATHER

In the event of inclement weather, program cancellations will be announced on WLNG Radio 92.1 FM, and posted on the Southold Town Website (www.southoldtownny.gov). If time permits, Recreation Department staff will attempt to notify you by email and/or phone message of any cancellations.

CHILDREN & PETS

For the safety and enjoyment of everyone, adults are kindly asked not to bring children to any recreation programs or activities geared toward adults. Children brought to adult classes interfere with other participants and the instructor. This is for the safety of your children and the consideration of other program participants. Pets are not permitted at Southold Town Facilities, except in areas specifically designated for them, such as the Dog Park or at classes specifically designated for them, such as dog obedience programs.

WAIVER:

All participants are required to accept the following waiver sign-off when registering themselves or their children/wards for a program. Upon authorizing your registration, you will be required to check off that you accept the waiver in order to complete your registration transaction.

By accepting this waiver sign off, I am aware that by registering and participating in, or registering my child/ward for and allowing his or her participation in any program or activity offered by the Town of Southold, I am WAIVING and RELEASING all claims for myself and my child/ward arising out of such registration and participation. I agree to indemnify, protect and hold harmless the Town of Southold, its officials, employees, instructors and servants from any and all claims, demands, actions, suits, damages, loss and expenses of whatever kind of nature to any person or to any property arising out of or in conjunction with this activity. I have also read and fully understand the registration and refund policies.

TOWN DIRECTORY			
Supervisor/Town Board Accounting	765-1889 765-4333	Human Services/Nutrition Center Justices/Justice Court	298-4460 765-1852
Animal Shelter	765-1811	Land Preservation Department	765-5711
Assessors Rev Constable	765-1937 765-2600	Planning Board Police Department	765-1938 765-2600
Bay Constable Building Department	765-2600	Receiver of Taxes	765-1803
Code Enforcement Community Development/DPW	765-1939 765-1283	Recreation Department Town Attorney	765-5182 765-1939
Data Processing	765-1891	Town Clerk Town Historian	765-1800 765-1981
Department of Solid Waste/ Transfer Station Engineer	734-7685 765-1560	Town Trustees	765-1892
Highway Department	765-3140	Youth Bureau Zoning Board of Appeals	765-5806 765-1809

Household User Account Information Form THE NEW PORTAL REGISTRATION (This form must be completed to set-up a User Account BEFORE REGISTERING FOR A PROGRAM) **PROCESS** Mail or bring to: Southold Recreation Department |970 Peconic Lane |P.O. Box 267 | Peconic, New York 11958 The upgraded online registration portal is now live (631) 765-5182 | southoldrecreation@southoldtownny.gov and will be used to process ALL program registrations. Therefore EVERYONE must activate a NEW Household Main Contact (check one): ☐ Resident ☐ Non-Resident User Account in order to register for programs, even if Last Name:_____ First Name: you have used the online portal in previous seasons or you don't have an email address or computer. Mailing Address (Street or PO Box) State: _____ Zip: ______ Register with Email: Using your email address to create a Household User Email Address: Account will be the simplest, quickest and most convenient Main Phone Number: _____Alt. Phone Number: _____ method to get started. You can do this from any computer or mobile device with an Internet connection by visiting Date of Birth (required for security purposes): www.southoldtownny.gov/portal and click on Recreation **Local Address** (If different from Mailing Address) Department Online Registration Portal. Through this method, your email address will become your account ID. City: _____ Zip: _____ Zip: _____ No Email? No Problem! **Other Household Members:** As we stated above, use of your email will be best, but if First Name Relationship to Main Date of you don't have an email address, or prefer not to use it, you Last Name Contact Birth can register your Household User Account through the kiosk at the Southold Recreation Center. After the account is activated, you may register by mail with a payment by check, or you may register at the Recreation Center Office with the kiosk, using any form of payment you prefer (cash, check, credit card). Your Account ID will be assigned when you first activate it. Questions or Problems? Contact the Recreation Department if you need help. The office is open Monday through Friday 8 am - 4 pm. Call 631-765-5182 or email southoldrecreation@southoldtownny.gov STEP-BY-STEP INSTRUCTIONS **Program Registration Form** (For Registrations Submitted by Mail or in Person) Mail to or Bring to: Southold Recreation Department | 970 Peconic Lane | P.O. Box 267 | Peconic, NY 11958 Set -up a Household User Account (this step only needs to be done ONCE) (631) 765-5182 | southoldrecreation@southoldtownny.gov **Offline:** Complete the Household User Account IMPORTANT! A User Account must be registered and activated for all participants prior to submitting Information Form (see above) and submit it with your registration. If you have not created a User Account, please complete the Household Account Information Form Program Registration Form (see the right column). Online: User Account Email Address or Account Number: Visit www.southoldtownny.gov/portal to navigate to the link for the online portal. Click on the link in the User Account's Main Contact Name: ____ center of the page called: "Recreation Department Phone Number:__ Online Registration Portal." On the next page, click (please provide the best contact for this (these) registrants) on the word "Register" found in the upper right of **Program Participant's First & Last Program Name Payment** the screen on a computer, or in the menu box on a Method Name mobile device. Complete the New User Registration Form, and click the "Register" button found at the end of the form. Remember that your password must be at least 8 characters long, and should include a number and an uppercase letter. After registering the main user account, additional participants under that account can be added under the "My Profile" page, which is found after logging in to the user account. Register For Programs (after setting up a Household User Account) Offline: Complete the registration form on the right and either mail it with a check payment or bring it to the Recreation Department with your cash, check or credit card payment. Please note that mailed registrations WAIVER: MUST be paid by check or money order (credit card By accepting this waiver sign off, I am aware that by registering and participating in, or registering my child/ward for and allowing his or payments will not be accepted). her participation in any program or activity offered by the Town of Southold, I am WAIVING and RELEASING all claims for myself and my child/ward arising out of such registration and participation. I agree to indemnify, protect and hold harmless the Town of Southold, Online: Navigate to the Online Portal, login to your User its officials, employees, instructors and servants from any and all claims, demands, actions, suits, damages, loss and expenses of whatever Account, and then select the category of the program you kind of nature to any person or to any property arising out of or in conjunction with this activity. I have also read and fully understand the registration and refund policies. want to register for. Follow the on screen instructions and prompts to add the events to your shopping cart and process the transaction with a credit card payment.

Signature:

NOTE: Credit card transactions made online will be subject to a non-refundable processing fee of 2.45%.

_Date: ___